

U3A Moorleigh - CLASS DETAILS FOR YEAR 2018

Codes/Times/Dates	TITLES & DETAILS	Room
MONDAY		
C18 151	Computers Made Easy - Basic	63
13:00 - 15:00 5 Feb - 26 Feb	Prerequisites: None, but regular access to a computer is essential. This is a basic introduction to computers. It covers how to start the computer, how to find and start the desired application such as a Word Processor to write letters, how to save and later recover your saved work, how to access the Internet and send/receive eMail.	
C18 152	Computers Made Easy - Advanced	*** CLASS FULL *** 63
13:00 - 15:00 19 Mar - 16 Apr	Prerequisites: COMPUTERS MADE EASY - BASIC or equivalent elementary knowledge of PCs. This course will build on your basic computer skills, navigating the Windows environment as well as more use of a Word Processor and Internet access, in preparation for other courses.	
C18 153	Introduction to the Internet	*** CLASS FULL *** 63
13:00 - 15:00 7 May - 28 May	Prerequisite: 'COMPUTERS MADE EASY - BASIC' or possess equivalent skills. This course introduces participants to the Internet. The course is designed to enhance your experience on the Internet with searches, using applications such as Google and Wikipedia, to find detailed information on almost any subject, even Live & Catch-Up TV. The small class number allows for good interaction with the tutor. You will have the opportunity to extend your knowledge of eMailing, such as attaching photos.	
M18 101	Romance of Opera	41
09:30 - 11:45 5 Feb - 19 Nov	In this our 21st year, grand opera will showcase dramatic and dirty deeds, sweet and soaring sopranos, bold yet brilliant basses and tender, tearful tenors bringing our operas to life in both CD and DVD.	
M18 102	Monday Strength Training	Nth Gym
09:30 - 10:30 5 Feb - 19 Nov	Exercises which assist in balance and co-ordination, and in the prevention of falls. We also have good fun which assists in well-being. There is a charge of \$40 for each 10 week block of classes - paid in advance and NOT refundable.	
M18 103	Exploring Drawing	*** CLASS FULL *** 67
09:45 - 11:45 5 Feb - 19 Nov	Exploring all aspects of drawing. Some life classes. Please bring A3 sketchbook, 2B and 6B pencils and kneadable rubber.	
M18 106	Intermediate French	39
12:00 - 13:45 5 Feb - 19 Nov	This course will include elements of French grammar, conversation in French, reading and discussion of a French novel. Lots of enthusiasm and verve essential!!!	
M18 107	French Conversation	59
13:30 - 15:30 5 Feb - 19 Nov	Venez parler français avec nous! On chante des chansons françaises, fait des discours, et des débats, lit des articles de presse, et on améliore ses connaissances de la grammaire française. N.B. Une bonne connaissance du français est nécessaire pour ce cours.	
M18 109	Poetry for Everybody	66
14:00 - 15:45 5 Feb - 19 Nov	Each person brings their poetry and we read and discuss.	
M18 110	Movement To Music	New Gym
09:45 - 11:00 5 Feb - 19 Nov	Moving in time to different rhythms and styles of music.	
M18 111	Italiano Parlato	39
14:00 - 15:45 5 Feb - 19 Nov	Some knowledge of Italian is needed for this collaborative class which will concentrate on speaking and listening. Activities include revision of grammar, vocabulary building, pronunciation, Italian culture, music and film. Text: Easy Italian Reader ISBN 978-0-07-184983-8 In this class, the first Monday of each month will be dedicated to the presentation of an Italian film, with English subtitles, shown in room 41.	

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MONDAY		
M18 116	Russian	66
12:00 - 13:45 5 Feb - 19 Nov	In a small group of friendly and supportive learners we speak, read and write in Russian. This course is for people with some knowledge of the Russian alphabet. New students very welcome.	
M18 119	Sit, Knit and Natter	67
12:00 - 13:45 5 Feb - 19 Nov	Knit & Natter is a happy group of knitters who bring along their own projects. Help is always at hand if there are any queries. We also knit for charities such as K O G O (Knit one, Give one) & so donations of knitting yarn are always appreciated.	
M18 123	3rd Monday Book Discussion Group	66
14:00 - 15:45 19 Feb - 19 Nov	Each month, one member introduces a novel or memoir, along with topics and /or questions on that book. Books are suggested by members. We check libraries for multiple copies.	
TUESDAY		
M18 201	Genealogy	63
09:30 - 11:45 6 Feb - 20 Nov	You need home access to the internet and an interest in discovering details of family history. We can exceed the limit of ten members for anyone who has their own laptop computer. Please note: U3A Moorleigh has limited internet capacity and class members need to be careful with downloads. Heavy class use can cause the internet access for everyone at Moorleigh (not just the class) to grind to a halt.	
M18 202	Current Affairs	41
09:45 - 11:45 6 Feb - 20 Nov	We discuss (and argue) about events of interest here and overseas. Members have the opportunity to chair the meeting and set their own agenda. Guest speakers are welcome by prior arrangement.	
M18 203	Bridge	64
09:45 - 11:45 6 Feb - 20 Nov	Friendly social group. Basic knowledge of Bridge required. Welcoming newcomers.	
M18 204	Mah Jong	64
14:00 - 15:30 6 Feb - 20 Nov	Come and be stimulated and have fun. Tuition given to Beginners.	
M18 205	Strength Training for Seniors	Nth Gym
11:45 - 12:45 6 Feb - 20 Nov	Exercises which assist in balance and co-ordination, and in the prevention of falls. We also have good fun which assists in well-being. There is a charge of \$40 for each 10 week block of classes, paid in advance and NOT refundable.	
M18 207	Intermediate Italian	39
09:45 - 11:45 6 Feb - 20 Nov	It is a well-established class of diligent students. We welcome new faces. Do join us, you will enjoy further study of "The Italian Language" with a "Native Speaker". Material required - Collins Easy Learning Italian Dictionary.	
M18 208	Oil Painting	*** CLASS FULL *** 67
10:00 - 11:45 6 Feb - 20 Nov	Each class member to supply own materials. Comprehensive library - plus DVDs - available for borrowing. Beginners to advanced.	
M18 210	Cryptic Crosswords for Fun	64
12:00 - 13:45 6 Feb - 20 Nov	Learn how to solve cryptic crosswords ranging from easy to somewhat hard and at the same time have some fun and exercise your brain. Some idea of cryptic clues would be an advantage. Bring your own lunch and nourish your brain while working.	
M18 211	Pastel Painting	67
12:00 - 13:45 6 Feb - 20 Nov	This class is suitable for beginners or those with experience in using soft pastels or other painting mediums. Members are required to provide their own paper & pastels. Please contact the tutor through the U3A Office.	

Codes/Times/Dates TITLES & DETAILS		Room
TUESDAY		
M18 212	Improve Your English	59
10:30 - 12:30 20 Feb - 20 Nov	We will cover all aspects of written and spoken English in a fun and flexible manner. Students can suggest areas they would like to improve in. We will also cover Australian culture and current events, Aussie slang, grammar, conversation, history and world news, vocabulary, expressing opinions, sharing ideas and listening to others and lots more.	
M18 213	Evening Dine Out	
19:00 - 21:00 13 Mar - 11 Dec	We try different restaurants each month and try a variety of foods. Please advise any cancellation by the Monday preceding Dine-Out. WE MEET ON THE 2nd TUESDAY MONTHLY.	
M18 214	Beginners French	*** CLASS FULL *** 39
12:00 - 13:45 6 Feb - 20 Nov	The course is intended as an introduction to the language for those who have limited knowledge of French. It is suitable for those who wish to revise the basics. Some previous experience with the French language, no matter how small, would be an advantage.	
M18 215	Water Colour Painting	67
14:00 - 15:45 6 Feb - 20 Nov	No previous experience is required. Basic techniques will be covered. Video presentations are shown to teach advanced techniques. Access to books from well stocked library.	
M18 219	U3A Moorleigh Valtones Choir	41
14:00 - 15:45 6 Feb - 20 Nov	We are a very friendly group and are interested in the health and social benefits of singing in a group. We also love singing in the community and at aged care facilities and special events such as Seniors Week at Deakin Edge in Federation Square.	
M18 220	Astronomy for Lay People	41
12:00 - 13:45 6 Feb - 20 Nov	A DVD course covering all aspects of modern and ancient astronomy. We also mention items that have been in the news such as astronomy, space exploration, astronomical events and any other relevant matters.	
M18 222	The Ancient Wisdom	
10:30 - 12:30 6 Feb - 20 Nov	The course explores major themes from major world religions such as Re-incarnation, Karma, the possibility of Life after Death, Hierarchies of Life, Astral Light & Psychic Powers - do they exist? All points of view are welcome. An open mind a must - but no other pre-requisites. Course to be held at the Theosophical Library Centre, 664 Glenhuntly Road, Caulfield South - between Kooyong and Hawthorn Roads.	
M18 223	3rd Tuesday Book Group	*** CLASS FULL *** 59
14:00 - 15:45 6 Feb - 20 Nov	Each month we meet to discuss in a relaxed and lively group a book selected by the members. We cover a number of genres and all books are available in local libraries.	
M18 226	Table Tennis - Tuesday AM	*** CLASS FULL *** Old Gym
09:45 - 11:45 6 Feb - 20 Nov	We play social table tennis in doubles. Suitable clothing and footwear are necessary. Beginners and those who have not played for some time will be assisted.	
M18 227	Table Tennis - Tuesday PM	Old Gym
12:30 - 14:30 6 Feb - 20 Nov	We play social table tennis in doubles. Suitable clothing and footwear are necessary. Beginners and those who have not played for some time will be assisted.	
R18 290	Use Your Brain! - Exercises for the Brain	Classic
14:00 - 15:30 6 Feb - 26 Jun	Neuroscience exercise on developing new neuron circuits in the brain. The class will include games, discussions, music. Members may work alone or in pairs or small groups	
WEDNESDAY		
C18 351	Introduction to iPad	*** CLASS FULL *** 63
13:00 - 15:00 28 Feb - 4 Apr	Prerequisite: You must bring your own iPad (not Android or other tablets) This course introduces you to the common functionality of the Apple iPad which includes Settings, Internet and Mail application, Downloads of music and programs from iTunes and AppStore. We will show you some useful applications such as Maps, iBooks, Radio and TV programs, YouTube, Photo Editing, Games and more.	

Codes/Times/Dates	TITLES & DETAILS	Room
WEDNESDAY		
C18 352	Introduction to iPad	63
13:00 - 15:00 2 May - 6 Jun	Prerequisite: You must bring your own iPad (not Android or other tablets) This course introduces you to the common functionality of the Apple iPad which includes Settings, Internet and Mail application, Downloads of music and programs from iTunes and AppStore. We will show you some useful applications such as Maps, iBooks, Radio and TV programs, YouTube, Photo Editing, Games and more.	
M18 300	A History of British India Part 1	41
09:45 - 11:45 2 May - 6 Jun	Beginning in 1757, the nearly 2 centuries of British Rule was a period of transformation for the sub-continent and the world. We will track the changes in the British/India relationship which contributed to the Great Uprising of 1857.	
M18 301	Piano/Keyboard - Group 2	64
12:30 - 13:30 7 Feb - 21 Nov	For those musicians who have attended Group 1 classes in 2017	
M18 302	Beginners Class for Painting	67
09:45 - 13:45 7 Feb - 21 Nov	Learn what equipment is needed and how to get started - step by step guidance.	
M18 303	Creative Writing	39
12:00 - 13:45 7 Feb - 21 Nov	No materials needed. Just pen and paper and bring your imagination.	
M18 304	Philosophy	39
14:00 - 15:45 7 Feb - 21 Nov	This year we will focus on philosophy in everyday life. In the company of the great thinkers of past and present we hope to throw some light on the paradoxes, contradictions and absurdities we meet along the way.	
M18 305	White Settlement of Victoria	*** CLASS CLOSED *** 59
14:00 - 15:45 7 Feb - 21 Nov	The White Settlement of Victoria was carried out by some extraordinary characters - we will explore their contribution to our history. THIS CLASS MEETS ON THE 2ND AND 4TH FRIDAY OF THE MONTH.	
M18 306	Piano Keyboard Group 4	64
15:00 - 16:00 7 Feb - 21 Nov	For those musicians who have attended Group 3 classes in 2017.	
M18 307	Political Correctness	41
12:00 - 13:45 7 Feb - 28 Mar	The evolving nature/danger of political correctness.	
M18 308	Wednesday Recorder Ensemble	39
09:45 - 11:45 7 Feb - 21 Nov	Ensemble playing on the soprano, alto, tenor and bass recorders. Members need basic sight-reading skills and reasonable fluency in at least one of the above instruments.	
M18 309	The Mediterranean	*** CLASS FULL *** 41
09:45 - 11:45 7 Feb - 28 Mar	This course will be about the Mediterranean region, its geography, history and culture. For a long time it was, as its name implies, the centre of the earth. For much of its history, the centre of the world lay with Greece and Rome, and then in the Muslim East. Then the Mediterranean spread its wings into the Far East. With the Renaissance the centrality of the region shifted focus: first to Europe and now to the United States.	
M18 310	Introduction to Algebra	*** CLASS FULL *** 59
12:00 - 13:45 7 Feb - 11 Apr	This is an introductory 10 week course for all of you who feel that you missed out on Algebra at school. No previous knowledge required - only your willingness to participate and have fun. Notes given.	
M18 315	Piano/Keyboard - Group 3	64
14:00 - 15:00 7 Feb - 21 Nov	For those musicians who have attended Group 2 classes in 2017.	

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WEDNESDAY		
M18 320	Piano/Keyboard for Beginners - Group 1	64
11:30 - 12:30 7 Feb - 21 Nov	In this gently graded course, students play beautiful, easy-to-learn music in a variety of styles, eventually progressing from simple learning templates to reading standard music notes. Suitable for those with no previous experience or with a basic past experience. Home instrument essential. Cost of books per term \$20- \$30. Contact tutor for queries- ninamusicstudio@gmail.com.	
M18 323	Raccontarlo in Italiano	59
09:45 - 11:45 7 Feb - 21 Nov	This Italian "Conversation only" class is for students of the language and for Italians, who meet for the pleasure of conversing in Italian and having fun.	
R18 391	TED Talks - (Not the Fake News)	CLASSIC
14:00 - 15:30 7 Feb - 4 Apr	TED - IDEAS WORTH SPREADING. Using "TED" Program on the Internet, the class will look at contemporary issues affecting our community. The class will use the Internet, Videos, You Tube and guest speakers	
R18 392	Understanding Minor Countries of Europe	CLASSIC
14:00 - 15:30 18 Apr - 27 Jun	This class was formerly called " TRAVELS WITH A FRIEND" It takes a look at minor countries of Europe eg. Croatia, Latvia, Lichenstein	
THURSDAY		
C18 451	Introduction to the Internet	63
10:00 - 12:00 8 Feb - 1 Mar	Prerequisite: 'COMPUTERS MADE EASY - BASIC' or possess equivalent skills. This course introduces participants to the Internet. The course is designed to enhance your experience on the Internet with searches, using applications such as Google and Wikipedia, to find detailed information on almost any subject, even Live & Catch-Up TV. The small class number allows for good interaction with the tutor. You will have the opportunity to extend your knowledge of eMailing, such as attaching photos.	
C18 452	Computers Made Easy - Basic	63
10:00 - 12:00 15 Mar - 5 Apr	Prerequisites: None, but regular access to a computer is essential. This is a basic introduction to computers. It covers how to start the computer, how to find and start the desired application such as a Word Processor to write letters, how to save and later recover your saved work, how to access the Internet and send/receive eMail.	
C18 453	Word Processing - Basic	63
10:00 - 12:00 19 Apr - 10 May	Prerequisite: 'Computers Made Easy - Basic' or equivalent elementary knowledge of PCs. This course will teach you to prepare simple text documents like letters on your computer, using LibreOffice WRITER. You will learn how to correct errors, edit the text and contol the layout, as well as saving and recovering documents.	
C18 454	Word Processing - Advanced	63
10:00 - 12:00 24 May - 14 Jun	Prerequisite: WORD PROCESSING - BASIC or possess equivalent skills. This course builds on Word Processing - Basic, teaching you more of the functions and features of LibreOffice WRITER to produce and use text documents. Some examples are to produce Tables and include Pictures & Clip Art in your documents, to be used to produce circulars or form letters.	
M18 401	Inventions that Changed the World	41
09:45 - 11:45 8 Feb - 20 Sep	In this series of DVD presentations we will experience inventions such as waterwheels and clocks, paper, telescopes, cameras, television, electricity and much more. THIS CLASS MEETS FORTNIGHTLY.	
M18 402	Wine Appreciation	39
16:00 - 18:00 15 Feb - 15 Nov	Enjoy a "Happy Hour" or two in agreeable company while wine tasting and learning about wines to be presented by class members. Fees range up to \$10 per person per session. 3rd THURSDAY MONTHLY.	
M18 403	Tai Chi for Arthritis - Noon	*** CLASS FULL *** New Gym
12:00 - 13:00 1 Mar - 19 Apr	Warm up, breathing exercise, gentle movements of Ta Chi/	

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THURSDAY		
M18 404	Needle & Thread	67
12:00 - 13:45 8 Feb - 22 Nov	Relax, chat and have a cuppa while working on your craft projects. Tuition and advice available. Beginners welcome.	
M18 405	Voulez-vous parler Francais?	*** CLASS FULL *** 59
09:45 - 11:45 8 Feb - 22 Nov	Introduction to conversational French. Booklet - "French in Action". A beginning course in language, culture and the Carpretz method, by Pierre Carpretz.	
M18 406	Hatha Yoga for Seniors	*** CLASS FULL *** New Gym
10:00 - 11:00 8 Feb - 28 Jun	A combination of postures, relaxation and breathing suitable for older participants. A non-slip yoga mat is compulsory as is an ability to lie down and stand without assistance.	
M18 407	Tai Chi for Arthritis - pm	*** CLASS FULL *** New Gym
13:30 - 14:30 1 Mar - 19 Apr	Warm up, breathing exercise, gentle movements of Tai Chi.	
M18 408	Workshop For Italian	64
12:00 - 13:45 8 Feb - 22 Nov	Autoaiuto (self help) gruppo per imparare la lingua italiana. We concentrate on basic Italian grammar and simple reading of Italian with a fluent Italian speaker overseeing, to give the student confidence. Text "Easy Italian Step by Step" (ISBN 978-0-07-145389-9)	
M18 409	500 Card Club	64
19:30 - 21:00 8 Feb - 1 Nov	We are a happy, friendly group who enjoy our card playing. Tuition is offered in the class to new members, provided they have a basic understanding of cards. 1st SESSION 8TH FEBRUARY THEN 1st THURSDAY MONTHLY.	
M18 410	Cloth and Yarn	67
09:45 - 11:45 8 Feb - 22 Nov	This class will explore all avenues of textile design, from garment construction/dressmaking, knitting, millinery and craft. Tuition will be provided and members are encouraged to bring in their own projects.	
M18 411	Thursday Book Club	64
09:45 - 11:45 8 Feb - 8 Nov	Each month the group reads a book of some literary merit for discussion. Where possible books are chosen for availability in local libraries; sometimes it may be necessary to purchase a Penguin edition. 2nd THURSDAY MONTHLY.	
M18 412	History of Espionage	*** CLASS FULL *** 41
14:00 - 15:45 8 Feb - 12 Apr	The development and use of espionage, codes and cyphers from Biblical days to 21st century.	
M18 414	Algebra (Continuing)	66
12:00 - 13:45 8 Feb - 22 Nov	This course requires "Introduction to Algebra" as a prerequisite or some elementary knowledge of Algebra. Come and enjoy learning in a small and very supportive group.	
M18 415	Promoting German Conversation	*** CLASS FULL *** 59
12:00 - 13:45 8 Feb - 22 Nov	Some knowledge of German required. A fun session, extending one's written and oral language skills, in a nurturing group.	
M18 416	Use Your Brain	39
12:00 - 13:45 8 Feb - 22 Nov	Missing and jumbled word problems - anagrams, sudoku, word puzzles. Lateral thinking.	
M18 417	Table Tennis on Thursday	*** CLASS FULL *** Old Gym
09:45 - 11:45 8 Feb - 22 Nov	We play social table tennis in doubles. Suitable clothing and footwear are necessary. Beginners and those who have not played for some time will be assisted.	
M18 420	Paper Crafts	67
14:00 - 15:45 8 Feb - 22 Nov	This class will cover all aspects of using paper in craft. Incorporating a variety of techniques such as quilling, paper mache, scrapbooking, simple picture framing, origami and decorative wrapping.	

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THURSDAY		
M18 422	Italian For Beginners	59
14:00 - 15:45 8 Feb - 22 Nov	A native speaker has the dedication and time to volunteer on sharing her knowledge of the Italian language. Material required: 'Collins Easy Learning Italian Dictionary'.	
FRIDAY		
M18 500	White Settlement of Victoria	41
10:00 - 11:45 9 Feb - 23 Nov	The White Settlement of Victoria was carried out by some extraordinary characters - we will explore their contribution to our history. THIS CLASS MEETS ON THE 2ND AND 4TH FRIDAY OF THE MONTH.	
M18 502	Chess	59
13:00 - 15:00 9 Feb - 23 Nov	We play chess in a relaxed atmosphere. Some tuition can be given, but a knowledge of the basic moves is required. We especially welcome any former players resuming after an absence of some time.	
M18 503	Sound Off	59
09:45 - 11:45 9 Feb - 23 Nov	A friendly group, we discuss relevant (and sometimes irrelevant) social issues and encourage members to have their say, to share their own experiences, opinions, items of interest and their best jokes.	
M18 504	Gardening Club	67
10:00 - 12:00 9 Feb - 23 Nov	Tips and demos on gardening, garden visits, care of tools, and sharing ideas. THIS CLASS MEETS ON THE 2ND AND 4TH FRIDAY OF THE MONTH.	
M18 505	Our Search for Meaning	*** CLASS FULL *** 41
10:00 - 12:00 2 Feb - 16 Nov	Our search for meaning – through exploration and discussion, using writers, philosophers, world religions and our own life experience. Bring your curiosity, experience and an open mind to learn from the sources and each other in a relaxed group. 1st AND 3rd FRIDAY EACH MONTH.	
M18 506	Canasta	*** CLASS FULL *** 64
09:45 - 12:00 9 Feb - 23 Nov	We are keen and enthusiastic card players, but still have fun and enjoy the game. Tuition is offered in the class, but a basic understanding of cards is required.	
M18 507	Friday Fitness	New Gym
10:00 - 11:30 9 Feb - 23 Nov	Two aerobic sessions and one using weights. Last half hour, floor stretches. Need to wear supportive shoes. Bring mat and water. If new to exercise it is wise to check with your doctor.	
M18 508	Let's Do Lunch	*** CLASS FULL ***
12:30 - 14:30 16 Feb - 16 Nov	Join us for lunch at a different restaurant on the third Friday each month to chat and make friends. Please contact Lisa with questions or cancellations. Please email - lisajlian@gmail.com or message/call 0414 225 215. Check two or three weeks before our first 2018 lunch on 16th February, to get the address.	
M18 509	Rummy Tiles	39
12:00 - 15:00 9 Feb - 23 Nov	Rummy Tiles is a very enjoyable game to play. Tuition given if needed.	
M18 510	Technology Help	41
13:30 - 15:30 23 Feb - 23 Nov	Presentations of current interest and requested topics will be offered as well as help to resolve hardware or software problems. Members are encouraged to bring any technical devices including Computers, Laptops, Tablets, Smartphones (including iPhones and iPads), TV remotes etc. A good description of the problem, as well as the device, is most desirable to analyse and resolve the problem. MONTHLY on the 4th FRIDAY. Apart from Co-ordinators John and Malcolm, our other core helper is Val E.	
M18 511	First Friday Film	41
12:15 - 14:15 9 Feb - 2 Nov	Join a monthly film session to see classic films. First session 9th February, then first Friday of the month.	

Codes/Times/Dates	TITLES & DETAILS	Room
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FRIDAY		
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R18 590	Decoupage on Friday	CLASSIC
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12:30 - 14:00 9 Feb - 23 Nov	The fine art of Decoupage originated in Italy during the 18th century. It is a timeless art that uses paper cut-outs to creatively decorate objects such as Wood, Bisque, Glass, Eggs etc. There will be a \$4.00 charge for materials.	
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SUNDAY		
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M18 700	First Sunday Walks	
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11:00 - 14:00 4 Mar - 4 Nov	An enjoyable small walking group. Walks vary in length up to 6-7 km, in places usually accessible by public transport. Participants should be reasonably fit and able to keep up. Occasionally we will travel to the venue by car, when car pooling will be organised.	
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