

U3A Moorleigh - CLASS DETAILS FOR YEAR 2019

Codes/Times/Dates	TITLES & DETAILS	Room
MONDAY		
C19 151	Computers Made Easy	CLASS FULL - 3 Waiting 63
13:00 - 15:00 4 Feb - 1 Apr	Prerequisite: None Teaches you the necessary skills to operate a PC using Windows 10, including basic file management and some work processing skills as well as a brief introduction to applications such as spreadsheets and databases. There are no prerequisites, but regular access to a computer to practice on is essential.	
C19 152	Introduction to the Internet	CLASS FULL - 4 Waiting 63
13:00 - 15:00 29 Apr - 20 May	Prerequisite: 'Computers Made Easy' or possess equivalent skills. This course introduces participants to the Internet. The course is designed to enhance your experience on the Internet with searches, using applications such as Google and Wikipedia, to find detailed information on almost any subject, even Live & Catch-Up TV and how to attach photos to your emails. The small class number allows for good interaction with the tutor.	
M19 101	Romance of Opera	41
14:00 - 15:45 4 Feb - 18 Nov	In this our 21st year, grand opera will showcase dramatic and dirty deeds, sweet and soaring sopranos, bold yet brilliant basses and tender, tearful tenors bringing our operas to life in both CD and DVD.	
M19 102	Monday Strength Training	Nth Gym
09:45 - 10:45 4 Feb - 18 Nov	Exercises which assist in balance and co-ordination, and in the prevention of falls. We also have good fun which assists in well-being. There is a charge of \$4 per week - paid in advance and NOT refundable.	
M19 103	Exploring Drawing	CLASS FULL - 9 Waiting 67
09:45 - 11:45 4 Feb - 18 Nov	Exploring all aspects of drawing. Some life classes. Please bring A3 sketchbook, 2B and 6B pencils and kneadable rubber.	
M19 105	Ten Antique Maps	41
12:00 - 13:45 4 Feb - 4 Mar	This is a series of lectures & discussions on topics from Modern History using maps & images, involving many fascinating characters.	
M19 106	Good Bugs Bad Bugs	41
09:45 - 11:45 4 Feb - 6 May	MICROBIOLOGY AROUND THE HOME. We all experience the activities of "bugs" (bacteria, fungi & viruses) in our homes. This course introduces both the useful & the harmful organisms we meet. It will also cover some aspects of our health & wellbeing. Geoff will present an entree to this course during the Summer School - 'GMOs and all that'.	
M19 107	French Conversation	59
13:30 - 15:30 4 Feb - 18 Nov	Venez parler français avec nous! On chante des chansons françaises, fait des discours, et des débats, lit des articles de presse, et on améliore ses connaissances de la grammaire française. N.B. Une bonne connaissance du français est nécessaire pour ce cours.	
M19 109	Poetry for Everybody	66
14:00 - 15:45 4 Feb - 18 Nov	Each person brings their poetry and we read and discuss.	
M19 110	Movement To Music	CLASS FULL - 5 Waiting New Gym
09:45 - 11:00 4 Feb - 18 Nov	Moving in time to different rhythms and styles of music.	
M19 111	Italiano Parlato	39
14:00 - 15:45 4 Feb - 18 Nov	Questo gruppo collaborativo condivide i interessi delle cose italiane - la storia, la cultura, la letteratura, la musica e il film per mezzo dell'ascoltare, del leggere e del parlare con l'importanza sulla conversazione. The Italian film program will be published from month to month.	

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MONDAY		
M19 112	Piano Keyboard Beginner Session 2	CLASS FULL - 2 Waiting 64
11:30 - 12:30 4 Feb - 18 Nov	In this gently graded course, students play beautiful, easy to learn music in a variety of styles, eventually progressing from simple learning templates to reading standard music notes. Suitable for those with no previous experience or with a basic past experience. Keyboards & music supplied in class but a home instrument (piano, organ or keyboard) is essential. Cost of Books per 10 week term \$20 - \$30. Contact Tutor for enquiries - ninasmusicstudio@gmail.com	
M19 114	Piano Keyboard Beginner Session 1	64
12:30 - 13:30 4 Feb - 18 Nov		
M19 116	Russian	66
11:00 - 12:45 4 Feb - 18 Nov	In a small group of friendly and supportive learners we speak, read and write in Russian. This course is for people with some knowledge of the Russian alphabet. New students very welcome.	
M19 119	Sit, Knit and Natter	67
12:00 - 13:45 4 Feb - 18 Nov	Knit & Natter is a happy group of knitters who bring along their own projects. Help is always at hand if there are any queries. We also knit for charities such as K O G O (Knit one, Give one) & so donations of knitting yarn are always appreciated.	
M19 123	3rd Monday Book Discussion Group	66
14:00 - 15:45 4 Feb - 18 Nov	Each month, one member introduces a novel or memoir, along with topics and /or questions on that book. Books are suggested by members. We check libraries for multiple copies.	
TUESDAY		
M19 201	Genealogy	CLASS FULL - 3 Waiting 63
09:30 - 11:45 5 Feb - 19 Nov	You need home access to the internet and an interest in discovering details of family history. We can exceed the limit of ten members for anyone who has their own laptop computer. Please note: U3A Moorleigh has limited internet capacity and class members need to be careful with downloads. Heavy class use can cause the internet access for everyone at Moorleigh (not just the class) to grind to a halt.	
M19 202	Current Affairs	41
09:45 - 11:45 5 Feb - 19 Nov	We discuss (and argue) about events of interest here and overseas. Members have the opportunity to chair the meeting and set their own agenda. Guest speakers are welcome by prior arrangement.	
M19 203	Bridge	64
09:45 - 11:45 5 Feb - 19 Nov	Friendly social group. Basic knowledge of Bridge required. Welcoming newcomers.	
M19 204	Mah Jong	64
14:00 - 15:45 5 Feb - 19 Nov	Come and be stimulated and have fun. Tuition given to Beginners.	
M19 205	Strength Training for Seniors	CLASS FULL - 0 Waiting Nth Gym
11:45 - 12:45 5 Feb - 19 Nov	Exercises which assist in balance and co-ordination, and in the prevention of falls. We also have good fun which assists in well-being. There is a charge of \$4 per week - paid in advance and NOT refundable.	
M19 207	Intermediate Italian	39
09:45 - 11:45 5 Feb - 19 Nov	It is a well-established class of diligent students. We welcome new faces. Do join us, you will enjoy further study of "The Italian Language" with a "Native Speaker". Material required - Collins Easy Learning Italian Dictionary.	
M19 208	Oil Painting	67
09:45 - 11:45 5 Feb - 19 Nov	Each class member to supply own materials. Comprehensive library - plus DVDs - available for borrowing. Some experience an advantage.	

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TUESDAY		
M19 210	Cryptic Crosswords for Fun	64
12:00 - 13:45 5 Feb - 19 Nov	Learn how to solve cryptic crosswords ranging from easy to somewhat hard and at the same time have some fun and exercise your brain. Some idea of cryptic clues would be an advantage. Bring your own lunch and nourish your body while working your brain.	
M19 211	Pastel Painting	CLASS FULL - 7 Waiting 67
12:00 - 13:45 5 Feb - 19 Nov	This class is suitable for beginners or those with experience in using soft pastels or other painting mediums. Members are required to provide their own paper & pastels. Please contact the tutor through the U3A Office.	
M19 212	Improve Your English	59
10:30 - 12:30 5 Feb - 19 Nov	This class is designed for those who have some English and want to better their skills. In a relaxed and fun way, we will learn to read, write and speak more confidently, while making new friends. Come along and give it a try.	
M19 213	Evening Dine Out	
19:00 - 21:00 12 Mar - 10 Dec	We try different restaurants each month and try a variety of foods. Please advise any cancellation by the Monday preceding Dine-Out. WE MEET ON THE 2nd TUESDAY MONTHLY.	
M19 214	Post-Beginners French	39
12:00 - 13:45 5 Feb - 19 Nov	This course is aimed to those who have some knowledge of the language no matter how small. Complete beginners would be at a disadvantage. We use current written and recorded material to increase our knowledge of French language and culture. The course is informal and relaxed.	
M19 215	Water Colour Painting	CLASS FULL - 0 Waiting 67
14:00 - 15:45 5 Feb - 19 Nov	No previous experience is required. Basic techniques will be covered. Video presentations are shown to teach advanced techniques. Access to books from well stocked library.	
M19 216	Meditation - Mindfulness for Life	CLASS FULL - 10 Waiting 39
14:00 - 15:45 5 Feb - 19 Nov	Life can be wobbly sometimes. It requires stability. "Mindfulness for Life" will look at what simple precautions we can take so we can overcome various challenges we face in our daily life. In this discussion and meditation group we will help each other with tools to adopt positive lifestyle and inner workings of our mind to regain contentment.	
M19 217	Moorleigh Recorder Ensemble	66
14:00 - 15:45 5 Feb - 19 Nov	Experience the joy of playing in an ensemble. Soprano, Alto, Tenor or Bass recorder players with some experience & sight reading skills are invited to join. Repertoire will include a wide range of musical styles from different eras.	
M19 219	U3A Moorleigh Valtones Choir	41
14:00 - 15:45 5 Feb - 19 Nov	We are a very friendly group and are interested in the health and social benefits of singing in a group. We also love singing in the community and at aged care facilities and special events, combining with U3A Glen Eira for major concerts, midyear and Christmas.	
M19 220	Astronomy for Lay People	41
12:00 - 13:45 5 Feb - 19 Nov	A DVD course covering all aspects of modern astronomy. We also mention items that have been in the news such as astronomy, space exploration, astronomical events and any other relevant matters.	
M19 222	The Ancient Wisdom	
10:30 - 12:30 5 Feb - 19 Nov	The course explores major themes from major world religions such as Re-incarnation, Karma, the possibility of Life after Death, Hierarchies of Life, Astral Light & Psychic Powers - do they exist? All points of view are welcome. An open mind a must - but no other pre-requisites. Course to be held at the Theosophical Library Centre, 664 Glenhuntly Road, Caulfield South - between Kooyong and Hawthorn Roads.	
M19 223	3rd Tuesday Book Group	59
14:00 - 15:45 19 Feb - 19 Nov	Each month we meet to discuss in a relaxed and lively group a book selected by the members. We cover a number of genres and all books are available in local libraries.	

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TUESDAY		
M19 226	Table Tennis - Tuesday AM	CLASS FULL - 1 Waiting Old Gym
09:45 - 11:45 5 Feb - 19 Nov	We play social table tennis in doubles. Suitable clothing and footwear are necessary. Beginners and those who have not played for some time will be assisted.	
M19 227	Table Tennis - Tuesday PM	Old Gym
12:30 - 14:30 5 Feb - 19 Nov	We play social table tennis in doubles. Suitable clothing and footwear are necessary. Beginners and those who have not played for some time will be assisted.	
WEDNESDAY		
C19 351	iPad for Beginners	63
13:00 - 15:00 20 Feb - 27 Mar	Prerequisite: You must bring your own iPad (not Android or other tablets). This hands-on course will help you get up and running with your iPad, teaching you how to navigate through the basic Applications (called Apps) provided by Apple. This includes organising Apps and customising the iPad for your personal needs and taste. You will learn how to write notes and e-mails, surf the internet, take a picture and create albums, download and read e-books, download and install Apps, find your way on a map and use timers, calendars and contacts.	
C19 352	iPad for Advanced Users	CLASS FULL - 5 Waiting 63
13:00 - 15:00 8 May - 12 Jun	Prerequisite: "iPad for Beginners" class or possess equivalent skills. You must bring your own iPad (not Android or other tablets) This course covers basic Apps in more depth and we will show you a variety of additional Apps for picture editing, file storage on your device and in iCloud, listening to music and watching videos on local TV channels or on YouTube. We will be also looking into word processing, spreadsheet and presentation Apps.	
M19 300	The Celtic World	41
09:45 - 11:45 13 Mar - 17 Apr	This first part of the course on the Celtic World will debunk some common myths, examine evidence from classical writers and consider Celtic Britain and Ireland.	
M19 301	Piano Keyboard - Group 2 Continuing	CLASS FULL - 0 Waiting 64
12:30 - 13:30 6 Feb - 20 Nov	For those musicians who have attended Group 2 classes in 2018.	
M19 302	Beginners Class for Painting	67
09:45 - 13:45 6 Feb - 20 Nov	This class will introduce you to Watercolour, Oil and Acrylic Painting. We show you what equipment is needed and how to get started, with the help of an extensive library of Art books and instructive DVDs.	
M19 303	Creative Writing	39
12:00 - 13:45 6 Feb - 20 Nov	No materials needed. Just pen and paper and lunch and bring your imagination.	
M19 304	Philosophy	39
14:00 - 15:45 13 Feb - 20 Nov	Philosophy springs from the stories we tell ourselves about what is happening in everyday life, and from the images we fashion to clarify those narratives. But which comes first: the story or the lived life?	
M19 306	Piano Keyboard Group 4 Continuing	64
15:00 - 16:00 6 Feb - 20 Nov	For those musicians who have attended Group 4 classes in 2018.	
M19 307	MUSIC a companion through human life	41
12:00 - 13:45 6 Feb - 27 Mar	Western Culture has produced some of the finest music in world history. It has accompanied and comforted generations throughout their lives. From classical to the 20th Century, this course is presenting some of the background, besides the marvellous music, of our culture. Please bring your favourite songs, melodies, lyrics and tales to share.	

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WEDNESDAY		
M19 309	The Modern Mediterranean	CLASS FULL - 3 Waiting 41
09:45 - 11:45 17 Jul - 18 Sep	This year I hope to bring our course on the Mediterranean up to date. We will deal with Napoleon's shake-up of the region, the birth of nationalism in the region, the liberation movements in the Balkans, the colonial conquests and their eventual end in Northern Africa, the impact of two World Wars on the region, the increasing disparity of wealth in the region, and the effect of the asylum crisis on Europe and the world.	
M19 310	Algebra	59
12:00 - 13:45 6 Feb - 20 Nov	This course is a continuation course and caters for students with some basic knowledge of Algebra. We are a small and very friendly group where we are continuously supported and encouraged to revise, develop and extend our knowledge in Mathematics.	
M19 314	Algebra for Beginners	CLASS FULL - 2 Waiting 66
14:15 - 15:45 6 Feb - 20 Nov	This is a beginners' course and no previous knowledge is required. All notes are provided. Stimulate your brain and have fun and excitement while mastering new skills and knowledge of mathematics.	
M19 315	Piano Keyboard - Group 3 Continuing	64
14:00 - 15:00 6 Feb - 20 Nov	For those musicians who have attended Group 3 classes in 2018.	
M19 317	A Brief History of Slavery	41
14:00 - 15:45 1 May - 22 May	A reprise of Erica's lectures covering the historical beginnings of slavery to its present manifestations. It will also briefly touch on slavery in Europe, Asia, Africa and the Americas.	
M19 318	World War II & Post War Central Europe	CLASS FULL - 5 Waiting 59
14:00 - 15:45 6 Feb - 24 Apr	Study the Nazi dictatorship in Germany: its origins in 1918-22, its rise and nature in 1930-39, the Third Reich in Europe and Total War (1939-45). Students are able to share their own Post-War experiences.	
M19 320	Piano Keyboard - Group 1 Continuing	64
11:30 - 12:30 6 Feb - 20 Nov	For those musicians who attended Group 1 class in 2018.	
M19 323	Raccontarlo in Italiano	59
09:45 - 11:45 6 Feb - 20 Nov	This Italian "Conversation only" class is for students of the language and for Italians, who meet for the pleasure of conversing in Italian and having fun.	
THURSDAY		
C19 451	Introduction to the Internet	63
10:00 - 12:00 7 Feb - 28 Feb	Prerequisite: 'Computers Made Easy' or possess equivalent skills. This course introduces participants to the Internet. The course is designed to enhance your experience on the Internet with searches, using applications such as Google and Wikipedia, to find detailed information on almost any subject, even Live & Catch-Up TV and how to attach photos to your emails. The small class number allows for good interaction with the tutor.	
C19 452	Introduction to the Internet	CLASS FULL - 0 Waiting 63
10:00 - 12:00 9 May - 30 May		
C19 453	Introduction to the Internet	CLASS FULL - 4 Waiting 63
14:00 - 16:00 2 May - 23 May		

Codes/Times/Dates	TITLES & DETAILS	Room
THURSDAY		
C19 454	Word Processing	63
14:00 - 16:00 7 Feb - 28 Mar	Prerequisite: 'Computers Made Easy' or equivalent elementary knowledge of PCs. This course will teach you to prepare simple text documents like letters using LibreOffice WRITER (compatible with Microsoft Word & free). To start, you will learn how to edit the text, control the layout and correct errors, as well as saving and recovering documents. The course then continues with more advanced functions and features such as including Pictures & Clip Art in your documents to produce professional looking documents suitable for circular production or form letters.	
C19 455	Spread Sheet	63
10:00 - 12:00 2 May - 6 Jun	Prerequisite: 'Computers Made Easy', or possess equivalent skills. In this course, using Open Office's CALC (compatible with Microsoft Excel & free), you will learn how to simply apply spreadsheets to a variety of useful applications. This utility is very much underrated. You will learn how to use it for tasks. Because it sets information out in a neat tabular form, it can be used to keep an updated phone & address list, club membership records or your household budget.	
M19 401	The Worlds Great Cathedrals	41
09:45 - 11:45 7 Feb - 16 May	Professor Cook continues his richly illustrated courses on the world's magnificent shrines of worship. Each 30 minute DVD will take us to a different venue in a journey to many countries.	
M19 402	Wine Appreciation	39
16:00 - 18:00 21 Feb - 21 Nov	Enjoy a "Happy Hour" or two in agreeable company while wine tasting and learning about wines to be presented by class members. Fees range up to \$10 per person per session. 3rd THURSDAY MONTHLY.	
M19 404	Needle & Thread	67
12:00 - 13:45 7 Feb - 21 Nov	Relax, chat and have a cuppa while working on your craft projects. Tuition and advice available for embroidery, patchwork, free style machine embroidery and applique.	
M19 405	Améliorer le Français	CLASS FULL - 3 Waiting 59
09:45 - 11:45 7 Feb - 21 Nov	Conversation and activities to "Improve your French". Basic French language skills necessary. Text: Le Petit Prince.	
M19 408	Workshop For Italian	66
12:00 - 13:45 7 Feb - 21 Nov	Autoaiuto (self help) gruppo per imparare la lingua italiana. We concentrate on basic Italian grammar and simple reading of Italian with a fluent Italian speaker overseeing, to give the student confidence. Text "Easy Italian Step by Step" (ISBN 978-0-07-145389-9)	
M19 409	500 Card Club	64
19:30 - 21:00 14 Feb - 14 Nov	We are a happy, friendly group who enjoy our card playing. We meet on the 2nd and 4th Thursdays each month. Come to Summer School for tuition.	
M19 410	Cloth and Yarn	67
09:45 - 11:45 7 Feb - 21 Nov	This class will explore all avenues of textile design, from garment construction/dressmaking, knitting, millinery and craft. Tuition will be provided and members are encouraged to bring in their own projects.	
M19 411	Thursday Book Club	64
09:45 - 11:45 14 Feb - 14 Nov	Each month the group reads a book of some literary merit for discussion. Where possible books are chosen for availability in local libraries; sometimes it may be necessary to purchase a Penguin edition. 2nd THURSDAY MONTHLY.	
M19 415	Promoting German Conversation	CLASS FULL - 0 Waiting 59
12:00 - 13:45 7 Feb - 21 Nov	Some knowledge of German required. A fun session, extending one's written and oral language skills in a nurturing group.	
M19 416	Use Your Brain	CLASS FULL - 9 Waiting 39
12:00 - 13:45 7 Feb - 21 Nov	Missing and jumbled word problems - anagrams, sudoku, word puzzles. Lateral thinking.	

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THURSDAY		
M19 417	Table Tennis on Thursday	CLASS FULL - 2 Waiting Old Gym
09:45 - 11:45 7 Feb - 21 Nov	We play social table tennis in doubles. Suitable clothing and footwear are necessary. Beginners and those who have not played for some time will be assisted.	
M19 420	Paper Crafts	67
14:00 - 15:45 7 Feb - 21 Nov	This class will cover all aspects of using paper in craft. Incorporating a variety of techniques such as quilling, paper mache, scrapbooking, simple picture framing, origami and decorative wrapping.	
M19 422	Italian For Beginners	59
14:00 - 15:45 7 Feb - 21 Nov	A native speaker has the dedication and time to volunteer on sharing her knowledge of the Italian language. Material required: 'Collins Easy Learning Italian Dictionary'.	
FRIDAY		
M19 500	White Settlement of Victoria	41
10:00 - 12:00 8 Feb - 22 Nov	The White Settlement of Victoria was carried out by some extraordinary characters - we will explore their contribution to our history. THIS CLASS MEETS ON THE 2ND AND 4TH FRIDAY OF THE MONTH.	
M19 502	Chess	59
13:00 - 15:00 8 Feb - 22 Nov	We play chess in a relaxed atmosphere. Some tuition can be given, but a knowledge of the basic moves is required. We especially welcome any former players resuming after an absence of some time.	
M19 503	Sound Off	59
09:45 - 11:45 8 Feb - 22 Nov	A friendly group, we discuss relevant (and sometimes irrelevant) social issues and encourage members to have their say, to share their own experiences, opinions, items of interest and their best jokes.	
M19 505	Our Search for Meaning	41
10:00 - 12:00 1 Feb - 15 Nov	Our search for meaning – through exploration and discussion, using writers, philosophers, world religions and our own life experience. Bring your curiosity, experience and an open mind to learn from the sources and each other in a relaxed group. THIS CLASS MEETS ON THE 1st AND 3rd FRIDAY EACH MONTH.	
M19 506	Canasta	CLASS FULL - 1 Waiting 64
09:45 - 12:00 8 Feb - 22 Nov	We are keen and enthusiastic card players, but still have fun and enjoy the game. Tuition is offered in the class, but a basic understanding of cards is required.	
M19 507	Friday Fitness	New Gym
10:00 - 11:30 8 Feb - 22 Nov	Two aerobic sessions and one using weights. Last half hour, floor stretches. Need to wear supportive shoes. Bring mat and water. If new to exercise it is wise to check with your doctor.	
M19 508	Let's do Lunch	
12:30 - 14:30 15 Feb - 15 Nov	Come join us, have some fun, meet new friends, gossip, giggle while enjoying a good lunch every third Friday of the month. For details and cancellations contact Margaret - 0400 695 500 or Pat 9583 2913 after 4.00 pm	
M19 509	Rummy Tiles	39
12:00 - 15:30 8 Feb - 22 Nov	Rummy Tiles is a very enjoyable game to play. Tuition given if needed.	
M19 510	Technology Help	41
13:00 - 15:00 22 Feb - 22 Nov	Presentations of current interest and requested topics will be offered as well as help to resolve hardware or software problems. Members are encouraged to bring any technical devices including Computers, Laptops, Tablets, Smartphones (including iPhones and iPads), TV remotes etc. A good description of the problem, as well as the device, is most desirable to analyse and resolve the problem. MONTHLY on the 4TH FRIDAY.	

FRIDAY

M19 511	First Friday Film	41
12:15 - 14:15 8 Feb - 1 Nov	Join a monthly film session, on the 1st Friday each month, to see classic films. Please note the later date, February 8, for the first film of the year.	

SUNDAY

M19 700	First Sunday Walks	
11:00 - 14:00 3 Mar - 3 Nov	An enjoyable small walking group. Walks vary in length up to 6-7 km, in places usually accessible by public transport. Participants should be reasonably fit and able to keep up. Occasionally we will travel to the venue by car, when car pooling will be organised.	